

The New Balance Girls on the Run 5K



Saturday, December 10, 2011

Volunteer Registration

Make a difference in a young girl's life by supporting a "Girl on the Run". Sign up to volunteer for the New Balance Girls on the Run 5K today! Below is a list of opportunities to help. Call or email Margaret Ruark at margaret.ruark@girlsontherun.org or Lauren Tysinger at lauren.tysinger@girlsontherun.org for more information on volunteering. Our office number is 828-322-9284.

Schedule of Events

Saturday, December 10, 2011

8:00 am: Volunteer check-in, task assignment and Volunteer tshirt pickup.

(Parking at church beside LP Frans (Hickory Crawdads)

Stadium)

8:30 am: Volunteers begin duties at assigned stations/tents

10:00 am RACE START

11:00-12:30pm: Post Race festivities and clean-up

Volunteers needed for:

Volunteer/Information Table

Eyeblock Table

Happy Hair Tent

Tshirt Sales Tent

Souvenir Sales Tent

Course Cheerleading/Course Directions

Traffic/Parking

Aide Station

Post-Race Refreshments

Running Budding Tent

Post-Race Cleanup

***Get your Volunteer/community service credit hours
while helping a great program and having fun!***

Registration information enclosed.



**New Balance Girls on the Run 5k
Saturday, Dec. 10, 2011
Volunteer Sign-Up Sheet**

Personal Information

Name: _____

Contact Number: _____ Email: _____

Group Information

Group Name: _____

Group Contact: _____

Number in Group: _____ Contact Email: _____

Availability

** Meet at volunteer/information tent**

_____ All Day (8:00-12:30pm)

_____ Pre-Race (8:00-10:30am)

THANK YOU!!

Please return this form as soon as possible but no later than NOVEMBER 28TH, 2011

Contact:

Margaret Ruark or Lauren Tysinger
Girls on the Run Catawba Valley
1375 Lenoir Rhyne Blvd. Suite 202
Hickory, NC 28602

828-322-9284 main office
704-877-7085 Margaret's mobile
margaret.ruark@girlsontherun.org
lauren.tysinger@girlsontherun.org