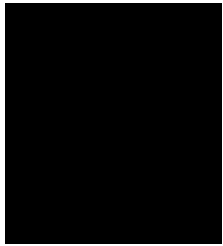


The New Balance Girls on the Run 5K



Run 5k

Volunteer Registration

Make a difference in a young girl's life by showing you care. Sign up to volunteer for the New Balance Girls on the Run 5K today! Below is the schedule of events. Call or email Cissy Fish for more information on volunteering at 828.381.8333 or cissy@girlsontheruncatawba.org

Schedule of Events

Saturday, May 8th 2010

8:00 AM: Volunteer check in at Crowdads Stadium-parking at church beside stadium

8:45 AM: Volunteer assignment orientation and T-shirt pick up

9:00 AM: Race Day registration, volunteers continue to aide their stations

11:00 AM: Post race festivities and clean up

Volunteers needed for:

Race day registration

Packet Pick-Up

Course direction

Hill Runners

Course Cheerleading

Aide Station

Finish Line Band Music

Post Race Food Station

Awards Ceremony

Shifts are available if you can't spend the day with us so sign up today!

*Don't delay - sign up today!
Registration information enclosed.*



CATAWBA VALLEY
MEDICAL CENTER



Girls on the Run 5K Volunteer Sign-Up Sheet

Personal Information

Name: _____

Contact Number: _____
Email: _____

Group Information

Group
Name: _____

Group
Contact: _____

Number in Group: _____ Contact
Email: _____

Availability

* *Meet at volunteer tent.*

- _____ All Day
- _____ Pre-Race (8:00 – 11: AM) or
- _____ Post-Race (10:00 – 1:00 PM)
- _____ By schedule to stuff bags prior to May 8th

!!!!THANK YOU!!!!

Please return as soon as possible but no later than April 30th

Cissy Fish
4445 3rd ST Ln NW
Hickory, North Carolina 28601
828.324.4583

